



# PRAYER PALS

**TOPIC** The importance of praying for others

**SCRIPTURE** 1 Samuel 12:23

**MATERIALS/ADVANCE PREP**

- \* Wooden Popsicle Sticks or Wood Craft Stick People (<http://bit.ly/IWlzNH>)
- \* Markers

## ENGAGE

Have each girl share the family members she lives with and the ages and names of her siblings

## ENCOURAGE

Share:

- \* Who you lived with growing up. Parents? Grandparents? Siblings?
- \* Your age relationship with your siblings. Were you the youngest, middle, or oldest child?
- \* A special memory you have of a time you supported, helped, or built something with one of your siblings. Example: lemonade stand, built a fort, etc. (If you are an only child, tell about one of these experiences with another family member)
- \* How your family members support one another
- \* Something important you have learned from a family member

## EXAMINE

Ask:

- \* What do you like to do with your family?
- \* Do you think it is important to do things with your family? Why?
- \* How do you help one another?

Music & Singing Suggested Song: We Are Family

© 2013 Get REAL in Christ  
All Scripture verses NIV unless  
otherwise noted.

## EQUIP

### VERSE

"1 Samuel 12:23"

"As for me, far be it from me that I should sin against the Lord by failing to pray for you. And I will teach you the way that is good and right."

In this verse, Samuel says that we must pray for one another and teach one another what is right according to God. We should always pray for our family members, be in God's Word with them, and encourage each other to live according to God's Word.

## EMPOWER

It's important to make praying for our family members a priority. We should make it a part of our daily lives. We need to be "Prayer Pals" for one another.

- \* Give each girl a stick for each person who lives with her.
- \* Have the girls draw on a stick to look like a family member and write that person's name on the stick.
- \* Ask each girl to take their sticks home and put them in a coffee mug. After family dinner each night their family members will draw out a stick person and pray for that person. Then, they should do something to help or encourage that person. This is explained in the Keep It REAL take home letter.



### PRAYER

Pray that the girls will feel the importance to make it a priority to pray for and help their family members.

### KEEP it REAL

Parent Letter Explaining Prayer Pals

### CLOSE

"As for me, far be it from me that I should sin against the Lord by failing to pray for you. And I will teach you the way that is good and right." 1 Samuel 12:23



## PRAYER PALS

DEAR REAL FAMILY,

Tonight we talked about the importance of praying for our family members. The verse we focused on was 1 Samuel 12:23 (NIV): "As for me, far be it from me that I should sin against the Lord by failing to pray for you. And I will teach you the way that is good and right." Ask your daughter to share with you why she thinks it's important to pray for others.

We also had fun making Prayer Pals to represent each person living in your home. We suggest that you put these in a coffee mug and put them on the table where you eat your meals. Then, after your family has had dinner, serve the sweet treat of prayer. Begin by passing the mug around the table and having each person draw out a "person." Whoever a person draws is the person they will pray for - it's preferred that a person does not choose himself or herself. The adults at the table should go first by praying aloud, modeling praying for someone. Before you pray for the person you may want to ask him/her if there is anything special they would like you to pray about. (This is a great way to get them talking about how things are going in their lives such as school, friends, etc.) After praying for your family members becomes comfortable, you may want to add time to go around the table and have them do an additional prayer for someone outside the family such as extended family members, friends, school mates, etc.

Thank you for bringing your daughter tonight. I pray this group encourages, equips and empowers her.

Because of Christ,  
Get REAL inC